

Abbreviation

1RRI	= 1 Right Raised Increase = insert needle into the garter knob on the right side and knit it, then knit the stitch (= 2 sts).
2-in-1	= make 2 sts out of 1 stitch by knitting into the front and back of the same stitch.
BO	= bind off (US) - cast off (GB).
from RS in	= insert needle from the right side towards the wrong side - it will pass all the way through the work and out on the wrong side.
k	= knit.
k2tog	= knit 2 stitches together.
K-CO	= knit cast on.
ndl	= needle(s).
NR	= next row.
p	= purl.
p3tog	= purl 3 stitches together.
pick-knit	= pick up and knit.
pssso	= pass over (meaning pass the second stitch over the first stitch).
RS	= right side.
skp	= slip 1 stitch with yarn behind, knit 1, pass the slipped stitch over the knit-stitch.
Sl 1-k1-pssso	= Slip 1 stitch knitwise with yarn behind, knit 1, pass the slipped stitch over.
sl 1	= slip 1 knitwise with yarn behind = slip 1 knit-wise with yarn behind.
st	= stitch(es).
tbl	= through the back of the loop.
tog	= together.
turn	= Turn work and place it in the other hand in position to knit.
WS	= wrong side.
yo	= yarn over.

Knitting

Photo of the Japanese way of knitting with the left index finger sticking out + a photo of my way of knitting with the left index finger as a near by helper.

The Knit Cast On

As for the old Dominobook.

Darning while knitting

As for the old Dominobook.

How to pick-knit (= pick up and knit) sts – pick-knit

Pick-knit

Always pick-knit from the right side.

along domino-edge

When you pick-knit along a domino-edge-sts side, pick-knit inside the edge-st (1 st in) under both loops.

along a CO-loop edge

When you pick-knit along a CO-lops side, pick-knit through only one loop, that is: the loop that arised when you knit-casted on. If you pick-knit a little further in, you will loose the outermost garter-ridge.

along an unfinished square side

Pick-knit 1 stitch in every edge-stitch (under both loops), beg after the first/lowest garter ridge and end with 1 stitch under the outermost bind off-stitch under both loops.

Leave the end-st loose

= Pull the end-st (the last st) loose, cut yarn and thread the tail through the st. Leave it for later.

Kitchener Stitches

Turn WS to WS – RS facing.

- 1) Insert ndl from the right towards the left into the 2 foremost white sts (the dec st and a normal st). Pull.
 - 2) Insert ndl into the foremost lime st. Pull.
 - 3) Again insert ndl into the same 2 white sts but now from the left towards the right (1). Pull. Let the 2 sts glide off ndl.
 - 4) Now insert ndl into next white st. Pull.
 - 5) Insert ndl into the foremost lime ndl. Pull. Let the st glide off ndl.
 - 6) Now insert ndl into first the foremost lime st - and let it glide off the ndl, now insert ndl into next lime st. Pull.
 - 7) Insert ndl into foremost white st, let the st glide off ndl – now insert ndl into the next white st. Pull. Let the lime st glide off ndl.
- Rep 6 and 7.